

WHAT TO BRING TO CAMP:

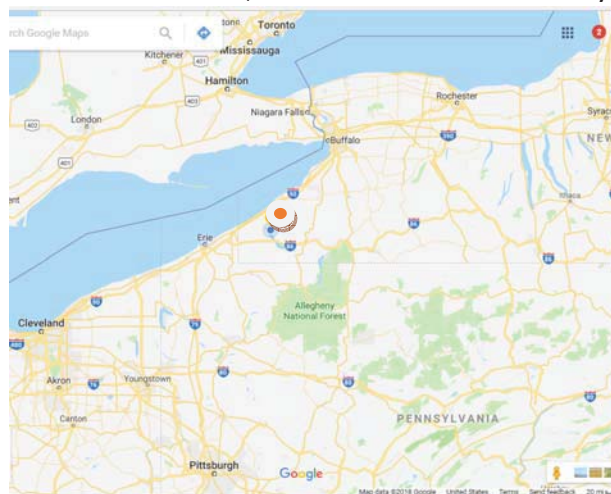
- Sleeping bag and blanket
- Twin sized (single) fitted bed sheet
- Pillow
- Warm, water-repellant jacket
- Sweatshirt
- Aqua shoes (or old shoes) – must be worn in the lake to protect feet
- Athletic shoes – one pair to remain dry, the other to get wet (2 pairs)
- Shower sandals (for indoors use only)
- Suitcase/duffel bag or backpack
- Toiletries bag
- Toiletries (toothbrush, toothpaste, soap, deodorant, shampoo, comb/brush)
- Laundry bag
- Raincoat/poncho and boots (when it rains at Camp it pours!)
- Shorts, jeans, T-shirts – light colored for sunny days
- Underclothes, socks and warm pajamas
- Cap or hat with a brim; light colored for protection from the sun
- Two swimsuits (please be modest)
- Towels/washcloths
- Flashlight (check the bulb first) with new batteries
- Sunscreen (SPF 45 or higher), lip balm
- Sunglasses
- Insect repellent (non-aerosol, please instruct camper in proper use)
- Reusable stainless steel water bottle
- Small travel-size games or a deck of cards; and if age-appropriate, a stuffed animal/toy
- Letter writing supplies, stamps, and/or a journal
- Books or other appropriate reading material
- Self-addressed, stamped envelopes to send mail home
- A photo of family members, or pets (in case of homesickness, and to share with friends)
- Optional items include a disposable camera with film, fishing or sporting equipment, musical instruments and equipment for Horseback Riding Camp.
- Please put your camper's name on all items!
- You may wish to give the administration camper mail on the first day, or send it prior to arrival.

DO NOT BRING:

The following items are NOT allowed at YMCA Camp Onyahsa: food, pets, music boxes, electronic games or gadgets, laptop computers, large sums of money, expensive items, skateboards, rollerblades, fireworks, matches, scooters, jack knives or any type of weapon, any illicit substances or inappropriate materials, *open heel (flip-flop) sandals to be worn outdoors*, dark or black clothing to be worn in the sun. ***See also the phone policy.***

If present, prohibited items will be put in the Main Office for the duration of the camp session. Any valuables (such as passports, money, and airline tickets) must be deposited in the Camp's safe. Please give these items to Camp Administration upon arrival. Camp Onyahsa cannot be held liable for lost items. If it is brought to Camp, the camper should see to its safekeeping and care.

Please check the Camp's Lost and Found before departure. Lost items will be held until the end of the summer season, and then donated to charity.



DIRECTIONS TO CAMP

Camp Onyahsa was founded in 1898 and is *one of the longest-established YMCA resident camps in the nation*. This beautiful lakefront camp is nestled within 180 wooded acres along the shores of northern Lake Chautauqua.

Its facilities include a large winterized dining hall, year-round lodges, sports fields, nature areas, cabins and tents. Recent development has created a beautiful year-round facility. The site is available for off-season group use year-round.

Onyahsa is located at 5411 East Lake Road (aka Route 430) in Dewittville, New York, 14728.