

RELEASE and INDEMNIFICATION

The Young Men's Christian Association of Jamestown/Camp Onyahsa's Take a Hike event involves walking—an activity which may include risks such as, but not limited to falls, interaction with other participants, animals, effects of weather, traffic and conditions of the trails. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in anyway out of my participation in YMCA Camp Onyahsa's Take a Hike event and related activities.

It is my responsibility to dress appropriately. Although route maps and rest stops, refreshments, and other assistance may be made available during this event, I am solely responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in this event and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other condition which would make it difficult or unsafe to continue. We require that all pets be leashed, have up-to date vaccinations and remain fully under their owner's control at all times during the event.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, YMCA/Camp Onyahsa, its affiliates, officers, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands and causes of action whatsoever, arising out of my participation in this event and related civilities—whether it results from the negligence of any of the above or from any other cause.

This release and indemnification agreement shall be as broad and inclusive as is permitted by the State or Province in which the event is conducted. If any portion of it is held invalid, the balance shall continue in full force and effect.

I have read, understand and agree to the terms of the Agreement.

Participant's Signature _____

Printed Name _____

Date _____

If Participant is a minor, parent or guardian must sign below:

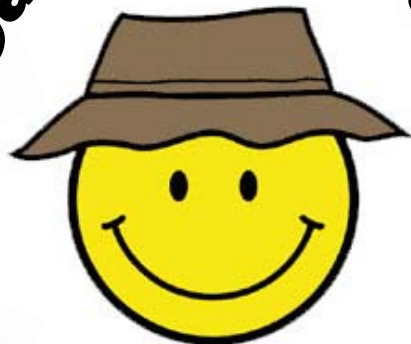
I am the legal guardian of Participant, and I hereby consent to her/his participation. I have read the foregoing release and indemnification agreement, and I hereby agree on behalf of myself and Participant to its terms.

Parent/Guardian's Signature _____

Printed Name _____

Date _____

Camp Onyahsa



TAKE A HIKE!

Sponsored Walk Fundraiser

Saturday, June 12, 2010

9 AM—Noon

at

YMCA Camp Onyahsa

5411 East Lake Rd. (Rte. 430)

Dewittville, NY 14728

716.664.2802 ext 238 | www.onyahsa.org

Major Sponsors

Jamestown Savings Bank

The Glatz Agency

Chautauqua Patrons

Shults Auto Group

Anderson Cleaners

Weaver Materials

JCC Faculty Student Association

Jamestown Community College

Food Providers

Coppola's Pizzeria

Maplevale Farms

YCAMP

We build strong kids, strong families, strong communities.

SCHEDULE OF EVENTS

9-9:30 Registration

9:45-11:30 Walk

9:30-9:45 Opening Remarks

11:30-12 Pizza & Prizes

Put on your walking shoes
and join us for a nature hike
through Camp Onyahsa's
Darrah Nature Preserve!

IT'S MORE THAN JUST A WALK!

You won't just be hiking in our beautiful wooded trails - you'll be making a positive impact in the lives of children by raising money to support our Youth Development Fund.

Hikers of all ages (and breeds—bring your pet!) are welcome. Children must be accompanied by an adult at all times.

IT'S EASY TO DO!

Participants are encouraged to seek contributions from friends, family members, business colleagues, and other good-hearted souls. You will turn your money in at the event. Prizes will be awarded to the top fundraisers.



The Onyahsa mission is to "foster the healthy Spiritual, Intellectual, and Physical wellbeing of Camp Participants from varied backgrounds within a nurturing outdoor environment, while creating a meaningful sense of Community among them through an active and fun learning experience."



A MESSAGE FROM OUR CHAIRMAN

Friends of Camp Onyahsa -

The second annual "Take-A-Hike" event at Camp Onyahsa is on Saturday, June 12, 2010. Your participation is a healthful way to support fund-raising efforts and continue our camping legacy. The hiking tour of Camp property will step out at 9:45 AM and complete by 11:30AM, with refreshments to follow. If you are out of the Chautauqua Lake area, you can create your own path elsewhere.

Hikers need to acquire sponsors for their participation....any amount over a dollar constitutes sponsorship. Individuals or groups are welcome; so gather your friends, family, neighbors, workmates, etc to join in. All proceeds will benefit the Youth Development Fund.

Come out to Camp Onyahsa and support this fun event to kickoff our 112th season. Pets on a leash are welcome to join us on the trail. The hike will utilize the wooded area across Route 430 from the lakeside main camp and may be strenuous for some individuals. Alternate routes within the main camp are available. As with all physical activity, consult your doctor if you have health issues. Rain or shine, we'll be hiking, so dress for prevailing conditions.

Looking forward to your enthusiastic support.

Sincerely,

John

John Watkins

Take A Hike Event Chairman

HIKE YOUR WAY TO GREAT PRIZES

Raise	Receive
\$ 25 - \$ 49	Baseball Cap
\$ 50 - \$ 99	\$10 Gift Cert. & Baseball Cap
\$ 100 - \$ 149	\$20 Gift Cert. & Baseball Cap
\$ 150 - \$ 249	\$30 Gift Cert. & Baseball Cap
\$ 250 - \$ 499	\$40 Gift Cert. & Baseball Cap
\$ 500 & Up	\$50 Gift Cert. & Baseball Cap

Gift certificates will be issued from
YMCA Camp Onyahsa Outfitters

We ask that all participants turn in a minimum of \$25 to further the advancement of our mission.

Top fundraiser will be recognized at the event, and will receive honorary Trail Naming Rights for 2010.

Please use the space below to record sponsor information:

SPONSOR'S NAME	MAILING ADDRESS	PHONE	AMOUNT DONATED
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

Remember to wear proper footwear (hiking shoes or boots) and bring a water bottle.

**YMCA Camp Onyahsa's
Take A Hike!**

Participant Registration Form

To register, complete the information below and sign the Release and Indemnification form (reverse side) and bring it to the event (along with the donations you collected) on **Saturday, June 12, 2010.**

** Additional forms may be downloaded from our website at www.onyahsa.org.*

LAST NAME: _____

FIRST NAME: _____

ADDRESS: _____

CITY: _____

STATE-ZIP: _____

PHONE: _____

Work: _____

Home: _____

Cell: _____

EMAIL: _____

For more information
call Bev Lubi at 664-2802 ext. 238
or office@onyahsa.org.